

A close-up, low-angle shot of an electric guitar lying on a dark, rumpled fabric surface, likely a bed. The guitar's neck and strings are in sharp focus, extending from the bottom left towards the top center. The body of the guitar is dark and partially visible. The background is dark and out of focus, showing more of the fabric.

LESSON 3

ALTERNATE PICKING WITH STRING SKIPPING

Eventuale Sottotitolo da Inserire Qui



ALTERNATE PICKING WITH STRING SKIPPING

GENERAL INTRO

As long as you play your licks in a sequential and linear fashion, you'll be fully covered with alternate picking level 1 and 2. However, in order to progress further, you will also need to jump between distant strings and you certainly don't want to pluck the ones in between. This is why you cannot miss the alternate picking with string skipping.

When you need speed to engage a top then bottom string immediately after, you also need accuracy and coordination. It is certainly a challenge for your right hand, but it is really worthwhile learning how to do it correctly.

Why should you need to do this? Easy, string skipping applied to alternate picking allows you to play faster! It helps to minimise the number of unnecessary pick movements and maximises pick hand efficiency.

CASELLA

Questa potrebbe essere una text-box aggiuntiva (link, qr codes, o altro).



ALTERNATE PICKING WITH STRING SKIPPING - LEVEL 1

The string skipping in alternate picking is essential for any time you need to engage distant strings.

Obviously, you don't want to pluck any other strings in between but, this is sometimes not that easy. That's why Gymtar have developed a set of exercises for you to maximise your efforts, focused on two main aspects:

a) Right hand accuracy: you cannot pluck the strings you are supposed to skip. Even worse is striking the wrong string instead of the one you really want to pick.

b) Right and left hand coordination: because both your hands are simultaneously skipping some strings, close attention needs to be

paid to your fine motor skills.

In this level, you will improve the following aspects:

- string skipping
- accuracy
- coordination

The patterns are the same you find in alternate picking level 2 but this time, they aren't played on adjacent strings because we want you to refine the string skipping approach as well.

The key is not to go too fast too soon; we start from 90 bpm with the eighth note triplet patterns and 70 bpm with the sixteenths.

You might also notice that while in the video the patterns are played in eighth note triplets, in the attached file you'll read sixteenths note triplets instead.



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